

25 Questions to Ask When Touring a Rehab Center

1. How many days a week will my loved one receive therapy?
2. Will my parent participate in therapy even on the weekends?
3. How long does each therapy session last?
4. Can my loved one request a male or female physical therapist to feel more comfortable?
5. Will they have a private room or will they have a roommate?
6. What is the staff to patient ratio?
7. How many patients does each nurse care for at one time?
8. How many patients does each aide care for during their shift?
9. How often will the rehab center's physician see my parent?
10. Will my loved one be able to choose my meals from a menu?

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11. Where will my parent eat?
12. Are the staff members your own or are they contracted?
13. How long is the average tenure of staff?
14. What expertise and special certifications does the nursing staff have?
15. What credentials and experience do the therapy teams have?
16. Do you accept my parent's insurance?
17. Can we visit anytime or are there visitation hours?
18. Can I observe the therapy sessions?
19. What will my loved one do during the times they're not receiving therapy?
20. Do you have an internet connection for laptops or tablet devices?
21. Will my parent have their own television? Does it have cable?

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22. Will my loved one have their own phone?

23. Can I call my parent's room directly?

24. How long do patients typically stay for rehab?

25. When it is time for discharge, how do you help my parent prepare for the transition back home?