August 2019

Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Fun with Words (Lib) 10:30 Morning Exercise (Lib) 1:30 Bible Study (800 Hall) 2:30 Silver Sneakers (Lib)	**2** 10:00 Who Am I? (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Happy Hour (Bar) 2:30 Friday Feature (Bar)	**3** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib)
4 10:00 Morning Devotion (Lib) 2:30 Heritage Baptist (400 Hall)	**5** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 2:30 Chat & Chew (Bar)	**6** 10:00 Brain Game (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits **2:00 Food Committee (Theater)** **2:30 Resident Council (Theater)**	**7** 10:00 Trivia Time (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Lovely Nails (Lib) 2:30 Wine Down Wednesday (Bar)	**8** 10:00 Fun with Words (Lib) 10:30 Morning Exercise (Lib) 1:30 Bible Study (800 Hall) 2:30 Silver Sneakers (Lib)	**9** 10:00 Who Am I? (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Happy Hour (Bar) 2:30 Friday Feature (Bar)	**10** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib)
11 10:00 Morning Devotion (Lib) 2:30 Heritage Baptist (400 Hall)	**12** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 2:30 Chat & Chew (Bar)	**13** 10:00 Brain Game (Lib) 10:30 Morning Exercise (Lib) Lunch at Barrel & Boar 6:00 Loose Rail Hosts Happy Hour	**14** 10:00 Trivia Time (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Lovely Nails (Lib) 2:30 Wine Down Wednesday (Bar)	**15** 10:00 Fun with Words (Lib) 10:30 Morning Exercise (Lib) 1:30 Bible Study (800 Hall) 2:30 Silver Sneakers (Lib)	**16** 10:00 Who Am I? (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Happy Hour (Bar) 2:30 Friday Feature (Bar)	**17** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib)
18 *Happy Birthday, Midge!* 10:00 Morning Devotion (Lib) 2:30 Heritage Baptist (400 Hall)	**19** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 2:30 Chat & Chew (Bar)	**20** 10:00 Tour of the National Veterans Memorial & Museum and Lunch	**21** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib) 2:00 Midge's Big Birthday Bash! With Mark Gordon Gaskill	**22** 10:00 Fun with Words (Lib) 10:30 Morning Exercise (Lib) 1:30 Bible Study (800 Hall) 2:30 Silver Sneakers (Lib)	**23** 10:00 Who Am I? (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Happy Hour (Bar) 2:30 Friday Feature (Bar)	**24** *Happy Birthday, Murphy!* 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib)
25 10:00 Morning Devotion (Lib) 11:00 Sunday Brunch 2:30 Emmanuel Lutheran (400 Hall)	**26** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 2:30 Chat & Chew (Bar)	**27** 10:00 Brain Game (Lib) 10:30 Morning Exercise (Lib) 12:00 Metro Park Picnic 3:00 One on One Visits	**28** 10:00 Trivia Time (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Lovely Nails (Lib) 2:30 Wine Down Wednesday (Bar)	**29** 10:00 Fun with Words (Lib) 10:30 Morning Exercise (Lib) 1:30 Bible Study (800 Hall) 2:30 Silver Sneakers (Lib)	**30** 10:00 Who Am I? (Lib) 10:30 Morning Exercise (Lib) 11:00 One on One Visits 1:30 Happy Hour (Bar) 2:30 Friday Feature (Bar)	**31** 10:00 Coffee & News (Lib) 10:30 Morning Exercise (Lib)